

DIABETES AND ENDOCRINE CENTRE



About UHS

University Hospital Sharjah (UHS) is a tertiary care multispecialty hospital located in the University City area of Sharjah.

It brings together a multidisciplinary team of physicians, nurses and health-care professionals to address the most complex and challenging medical problems for the residence of Sharjah and Northern Emirates. UHS is also an academic institution and enjoys a robust educational affiliation with the Medical College at University of Sharjah.

With the unlimited support of His Highness Sheikh Dr. Sultan bin Mohammed Al Qassimi, University Hospital Sharjah will always endeavor to be the leading healthcare provider in the region.

Our Service Strength

325 beds spread across multiple specialties including 210 In-patient beds, 40 Specialty outpatient beds, 34 Emergency beds, 16 ICU beds, 20 Neonatal ICU, 12 Hemodialysis beds, Physiotherapy department, Cardiac Catheterization Laboratory.

Advanced breast cancer treatment and surgical solutions in collaboration with Gustave Roussy Centre.

Regional center of excellence for maternity care with dedicated theatre suite, fetal assessment unit, ultrasound department and neonatal intensive care unit.

First-of-its-kind children's diabetes clinic specialised in providing check-up, follow-up and treatment.

Level 3 NICU equipped to care for babies born at 23 weeks gestation and above as well as babies born with critical illnesses at all gestational ages.

24/7 Emergency Services.

24 hours pharmacy.

“DELIVERING EXCEPTIONAL HEALTHCARE”



Diabetes & Endocrinology

Diabetes describes a condition of high blood sugar, in which the body cannot make proper use of carbohydrate in food because the pancreas does not make enough insulin, or can't make insulin at all.

As people with diabetes have problems with their insulin, it is necessary for them to take steps to manage their high blood sugar. This can be done through a healthy lifestyle and treatment.

Endocrinology focuses primarily on the endocrine organs, or those organs that may cause a "hormone imbalance". These organs include the pituitary, thyroid, adrenals, ovaries, testes and pancreas. This can be a complicated specialty. There are many glands and hormones in the body, each with their own jobs to do. It is a delicate chemical balance that keeps our bodies running smoothly with very little effort on our part. When the balance is upset, serious diseases and conditions can develop.

Diabetes & Endocrine Team can help you manage your diabetes.

Basic Diabetes Control Tips

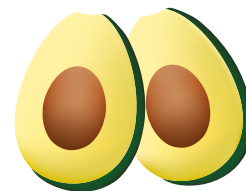
Keep normal
body weight



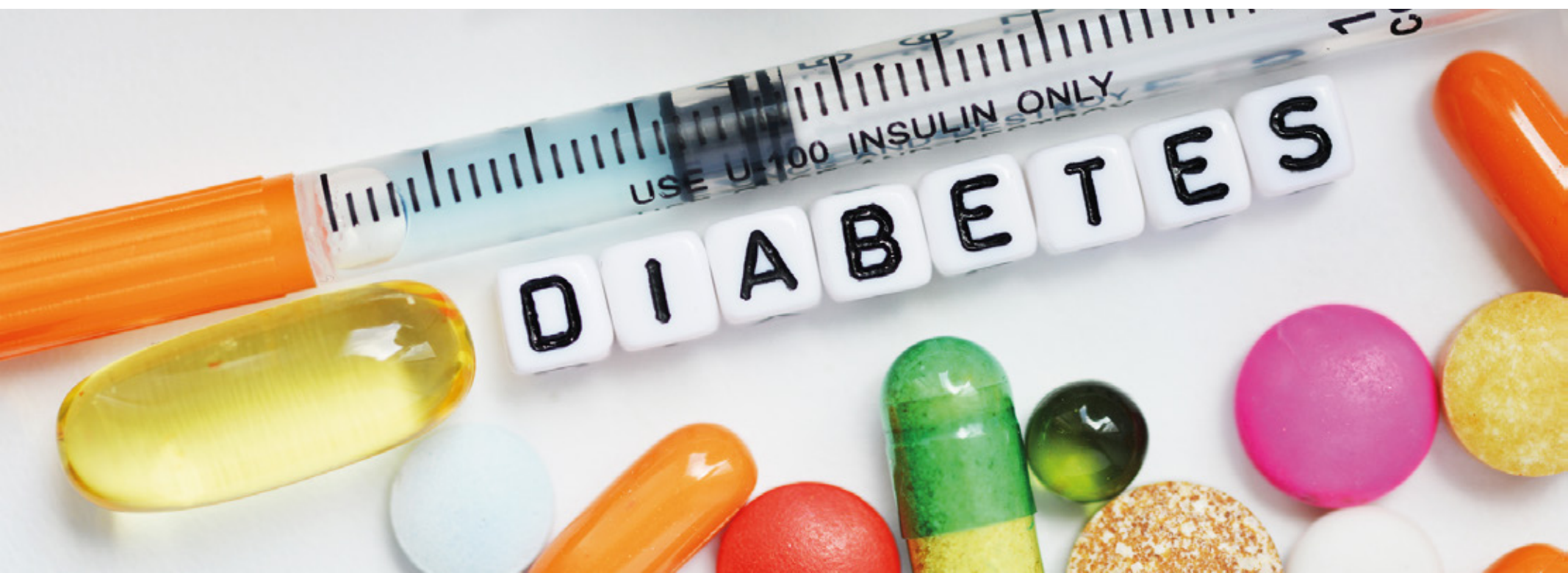
Exercise



Healthful diet



Stop smoking



The Diabetes and Endocrine Centre

Diabetes and Endocrine service at University Hospital Sharjah is dedicated to educating our patients while providing compassionate and high quality medical care which is based on contemporary treatment guidelines and solid medical science.

Our focus is the care and treatment of patients with a wide range of endocrine disorders, including diabetes. We will partner with you, your family and your primary care provider to manage your treatment in all areas of diabetes and endocrinology. Our goals are to provide patients with excellent patient care utilizing a multiple disciplinary team approach and to offer evidence-based treatment options.

Our team of endocrinology experts—board-certified endocrinologist, certified diabetes educators and registered dietitians—provide expert advice on diagnosis and management of diabetes, thyroid disease and a variety of other hormonal conditions.

Diabetes is a condition that affects millions of people. Whether you are new to diabetes or have lived with this condition for years, our specially trained diabetes educators can provide the tools, education and support you need to help you lead a healthier life.

Our Services

The endocrine system comprises the thyroid, parathyroid, pancreas, ovaries, testes, adrenal, pituitary, and hypothalamus. These glands produce the hormones that control various activities of the body, such as reproduction, metabolism, growth, and development. The way the body responds to the environment is also controlled by hormones, which help to regulate the energy and nutrition the body receives to make it function properly.

- Specialize in diagnosis and management of complex diabetic, thyroid, adrenal and pituitary patients.
- Full service laboratory
- Continuous Glucose Monitoring Systems
- Insulin pump initiation and management
- Management of diabetes during pregnancy
- Individual and group diabetes classes
- Weight Loss for the treatment of Metabolic Syndrome

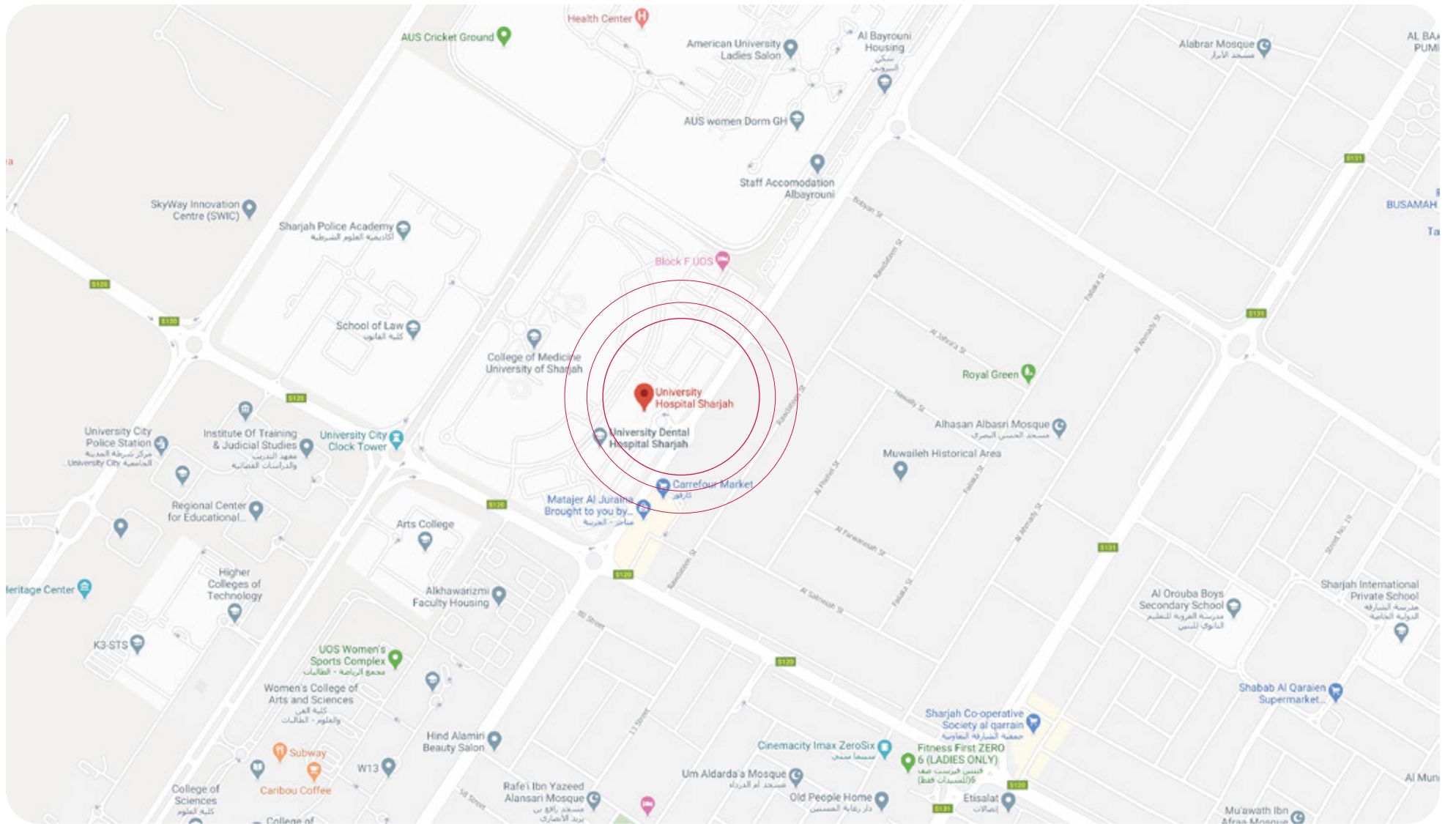


Conditions We Treat

Some of the conditions we treat include:

- All types of Diabetes management
- Diabetic Retinopathy
- Diabetic Nephropathy
- Diabetic Neuropathy
- Diabetic Foot Including Vascular Surgery
- Insulin Pump Therapy
- Thyroid Disorders
- Adrenal Disorders
- Pituitary Disorders
- Growth Disorders
- Neuroendocrine Disorders
- All endocrine Surgeries
- Bone and Calcium Metabolism
- Obesity Treatment Including Medical and Bariatric Surgery





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SHARJAH
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