

Zainab Al Abadla

Diabetes Educator

LANGUAGES : ARABIC & ENGLISH



QUALIFICATIONS :

- Certified in Pediatric Diabetes
- Imperial Diabetes Educator Course, Imperial College- London
- Carbohydrate Counting Course
- Holds a Master degree in Public Health from Hamdan bin Mohammed Smart University
- Bachelor's degree in Nursing from Sharjah University

EXPERIENCE :

- Has more than 13 years of excellent clinical experience and she worked in several major hospitals within the UAE, focusing on the field of Nursing
- Since 2014, Served in the field of diabetes as a Diabetes Nurse Educator in Tertiary Diabetes Centers within UAE, gaining significant experience in Diabetes self-management education and support, with in-depth knowledge in dealing with all diabetes management technologies up to date.
- As a certified Pump Trainer for different types of insulin pumps, she is also a competent expert in handling continuous glucose monitoring systems available within the field.
- Based on her research experience, she developed many educational materials related to Diabetes self-management, support, carbohydrate counting and insulin adjustment.
- An excellent educational provider for patients individually and collectively, with comprehensive experience managing diabetes across all types including diabetes during pregnancy.
- Published many articles addressing diabetes management and has participated in numerous research studies and diabetes-related clinical trials as a researcher Nurse and studies coordinator.
- Received many official invitations to speak at national conferences as a member of numerous associations, including; Emirati Nursing Association and American Association Diabetes Educators.

INTERESTS :

- Type 1 Diabetes.
- Type 2 Diabetes and its complications.
- Gestational diabetes (diabetes in pregnancy).
- Insulin Pump therapy.
- Continue Glucose Monitoring systems.
- Digital diabetes management
- Carbohydrate counting.



For appointments

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